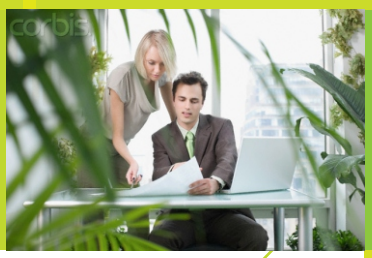
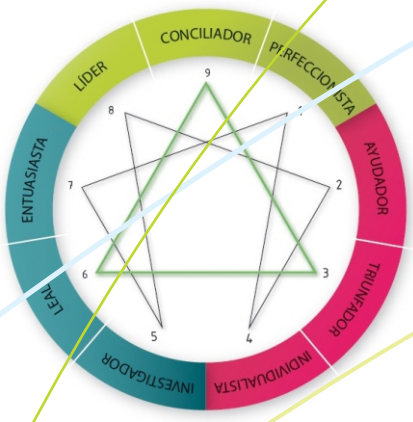
DHRIM
Development of Human Resources & Inner Management



Enneagram Workshop

A Practical learning methology



You will discover a personality system that will change your life...

At the labor level you can boost:

- **Effective Communication:** How each style communicates, what I want to improve, what are my filters in listening.
- **Teams:** Stages in the development of teams, Roles, Interrelation.
- **Feedback:** How each style gives feedback, how each one receives it, how to improve.
- **Leadership:** The paradigms of each style, the obstacles of each one, how to improve.
- **Conflict management:** What annoys each style, how does each react, how to improve.

Workshop Benefits

It helps to improve the present and future of personal, family and work life.

- It helps to identify what is the source of the fears and how to face them, vulnerabilities, needs ...
- You will learn to identify the personality type of those around you (children, companions, friends, family) in order to help them and understand them better.

The ENEAGRAM is being extended to the training and human resources departments of the most prestigious companies, including CIA, Microsoft, IBM, Google, Sony, Disney, Time Warner, Procter & Gamble, L'Oreal, General Electric, Deutch Bank , Pfizer, Pizza Hut, Hotel Ritz ... among others.

The Enneagram is a personality map very useful as a way of self-knowledge and therefore of personal growth.

Price Information

Participant	Regular
All kinds of people willing to learn, if it is a minor, and adult who is a participant must be responsible for that minor.	€TBD**

Event Place

To be determined, depending on city and country location, people interested.

Workshop Schedule

	Friday	Saturday	Sunday
Usually starts on a Friday 7:30-22:00hrs. Saturday from 9:00-19:00hrs and Sunday from 9:00am until noon.	7:30pm a10:00pm	9:00am a 7:00pm	9:00am a 12:30pm

*Includes educational materials and certificate issued by DHRIM España.
** Price defined depending on costs, in addition, participants make a voluntary donation.

More Information:
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workshops@dhrim.org

DHRIM Foundation

The Enneagram

The ENEAGRAMA is a system of self-discovery that originated more than two thousand years ago. Today it is available to everyone, and its impact is extending from psychotherapy and personal growth, schools, universities, to the training departments and human resources of the most prestigious companies, including CIA, Microsoft, IBM, Google, Sony, Disney, Time Warner, Procter & Gamble, L'Oreal, General Electric, Deutch Bank, Pfizer, Pizza Hut, Hotel Ritz ... among others.

The first universities and business schools to teach the Enneagram were: Stanford Business School, Harvard Business School, Berkeley University, London University and Loyola University (in Spain, the Autonomous University of Madrid). Today it is already taught in a multitude of universities and schools.

This theoretical-practical course will help us to know our personality to improve as human beings and improve our relations with the work and personal environment.

We will learn how to use the Enneagram in the personal and work area, personality type evaluations will be carried out, the three instinctive, mental and emotional personality types will be studied as well as the 9 enea-types. Practices of the path of integration will be carried out to favor the development of each type of personality and manage its limitations. At the end of the course, the participants will already have a solid base on the enneagram to continue learning and implementing it at work and their personal lives.

Organized by:

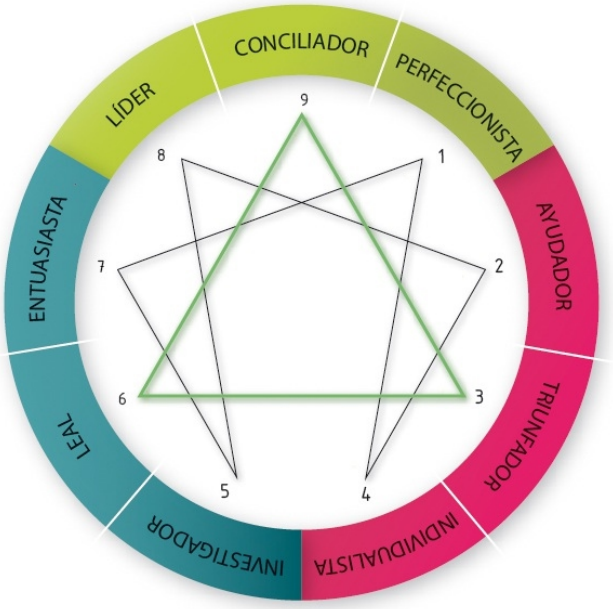
DHRIM Foundation

The Enneagram Process

The Enneagram is a personality map very useful as a way of self-knowledge and therefore of personal growth. In the Enneagram 9 eneatipos or characters are recognized, also called personality patterns. These patterns allow us to identify, among other things, the beliefs, the focuses of attention and what each type tries to avoid, and in this way getting to know each other better, to develop personally in a more satisfactory and faster way than if we did it guided by our own intuition .

The work with the Enneagram aims that people can move away from the rigidity of our character to get closer to our essence or authenticity. In this way we increase our ability to choose our own behaviors instead of automatically entering patterns of thought, emotion and behavior.

The Enneagram is a dynamic system that leads people in a continuous process of discoveries and learning to continue advancing in personal development.



What the course participants say!

› "Now that I have this system in my toolbox, I can get to the basic patterns of staff needs and behaviors faster. It also helps me develop the empathy of everyone in the company.."

Javier Bonetto

› "Very interesting! This course really helped me understand why people do the things they do and gave me better options to communicate and relate to others in a more harmonious and efficient way."

Dragos Erceanu

› "I believe that the Enneagram is a very valuable tool for those who seek a better development of their personality traits and change their interpersonal relationships!"

Carla Limache

In the course of the Enneagram of the Personality workshop one learns the use of a dynamic technique to become aware of how one is with oneself and with others, defining at the same time an action plan to improve performance in personal life and in life. work, with greater commitment, with new paradigms, renewed beliefs and a sense of well-being in general.

Course Benefits

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Course Focus

The introductory workshop of the Enneagram of the Personality is organized to take place intensively in 7 interactive hours of theory and practice using group dynamics and case studies in order to illustrate the different ways of using this tool and at the same time acquire the ability of its basic use.

It is a dynamic course where participants remain active most of the time learning the flow of integration of the Enneagram.

It teaches you to know your real abilities and limitations. It helps you improve relationships with your loved ones and with the people around you; When you finish the course you can understand them from their personality and not only from your point of view.

It will help you answer questions such as:

How am I with myself and with others?
Why do I always stumble on the same stone?
What moves me internally to act in this certain way?
What are the conditions that I do not realize?
What are my fears, blocks, concerns, talents?
Can I modify my thinking, feeling and acting ?

The Enneagram also shows you how others perceive reality.

For more information write to courses@dhrim.org and/or call to **(+34) 660391600**