

# CURRICULUM VITAE



**Full name:** Theodora Juliette van Dun  
**Date of birth:** 30th august 1987  
**Place of birth:** Castricum  
**Nationality:** Dutch  
**Marital status:** Single  
**Gender:** Female

*“Through learning and experiencing I  
have been taught to Work, Live and Play  
from the Heart.*

*Now I will Teach, Support and Guide  
others find their Path”*

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**Address:** Assendelft, The Netherlands & Valencia, Spain

## Present Profession

*Start December 2019 - Present*

**DHRIM España, management Support. Valencia, Spain**

*Supporting and facilitating on- and offline promotion of retreats and workshops.  
Social media and website maintenance & correct marketing events and online products.  
Organising spiritual and self development events, retreats and workshops.  
Facilitating spiritual and self-development workshops and individual coaching sessions.*

## Profession History

- 07/2018 – 07/2019 **Guidance Counselor** - [HVO-Querido](#) - Amsterdam, the Netherlands  
Guidance counseling, team support and administrative support at an in-between residence for clients with a forensic and psychiatric title.
- 09/2017 – 01/2018 **General Assistant** - [Callander Youth Project Trust](#) - Callander, UK.  
Callander Youth Project Trust aims to improve the quality of life of young people, aged 11-25, by maximizing their potential through access to the best possible recreation and educational facilities, support and resources.
- 06/2016 – 09/2016 **Volunteer** - [Lendrick Lodge](#) - Callander, UK  
Lendrick lodge is a holistic retreat centre with courses in shamanism, reiki, yoga and personal development.
- 08/2015-07/2016 **Spiritual Caretaker** - [De Zorgspecialist](#) - Santpoort-Noord.  
Personal spiritual guidance for clients and employees, team gatherings with employees in palliative care.
- 01/2016-04/2016 **Project Coordinator** – VU Amsterdam – [Religie Doet Ertoe](#) [ Religion matters] 2016  
Coordinating the Religie Doet Ertoe conference which took place the 16-03-2016 at the VU University.
- 09/2015-02/2016 **Trainee Social Entrepreneurship** – [Social Start](#) - Amsterdam  
Traineeship in entrepreneurship for social enterprises with master classes, personal development and writing a business case.
- 08/2014-09/2015 **Receptionist** - [Meininger Hotel Amsterdam City West](#) – Amsterdam  
(Next to standard reception activities) keeping stock, assisting management, booking rooms and dealing with overbookings.  
Reference on [LinkedIn](#)
- 2012-2014 **Secretary and Member Research group Online Religion** - VU Amsterdam – Amsterdam  
Organising activities, meeting minutes, external communication.
- 01/2013-01/2014 **Projectassistent** - VU Amsterdam - Faculteit Godgeleerdheid  
Organizing meetings, attending meetings as secretary, managing websites, organizing the data of a large research network, assisting with minor teaching jobs  
Reference on: [LinkedIn](#)

2011- 2012	<b>Research traineeship</b> - Christelijke Hogeschool Windesheim - Zwolle Research, leading workshop and writing.  Reference on <a href="#">LinkedIn</a>
2010	<b>Research placement-</b> Meertens Instituut - Amsterdam. Research and writing
03/2010-01/2013	<b>Psychiatric Home care</b> - Stichting PartiCura - Amsterdam. Council, assist in daily tasks and be good company.
04/2009-12/2009	<b>Project coordinator-</b> International Institute for Asian studies (IIAS) - Amsterdam office branch.  Organising events, marketing, internal and external communication, coordinating international communication and financial reports.
12/2004-12/2012	<b>Psychiatric care Flexpool-</b> GGZ-inGeest, Amsterdam and Haarlem.  Working as receptionist, host at closed and opened wards, and secretarial assistant.
09/2002-02/2009	<b>Working as waitress in several establishments –</b> Amongst others at: Brewers Fayre [UK], The Friar [UK], Nautic restaurant [Schiphol airport], Aran Irish Pub [Amsterdam]

## Main Skills Acquired

### Communication

Non-violent communication, coaching and therapeutic contact, leading meetings and minuting, interviewing for academic research.

### Organisational

Team coordination, coordinating and planning large scale projects, team coaching, streamlining (online)office space.

### Job related

Sensitive and professional mental health care & coaching skills for colleagues and clients – precise and effective in office duties – Professional, friendly and experienced in hosting.

## Education

**Master** - Theology and Religious Practice, Media, Religion & Culture - Vrije Universiteit, Amsterdam

*MA Thesis: Virtually retreating. An exploration of the social, spiritual and ritual dynamics of online Christian retreat participants.*

**Bachelor** - Cultural anthropology and Non-western Sociology - Universiteit van Amsterdam

*BA Thesis: [translated from Dutch] "Living through the Spirit". A research to the success of the Pentecostal Movement.*

**Higher Professional Education propaedeutic year** - International Degree in English and Education -  
Educatieve Faculteit Amsterdam

**Havo** - Bonhoeffer College- Castricum.

## Courses

### Professional Development

Independent Life coach - Leidse Onderwijs Instellingen (06/2019 -present)  
Aggression prevention and intervention trainings - multiple throughout career  
Professional First aid and Calamities - multiple throughout career  
Food Hygiene and alcohol service - multiple throughout career

### Spiritual Development

Meditation - Vipassana Retreat - Chiang Mai - Thailand &  
3 months Mindfulness course – Amsterdam

Self-Development - Week self-development and spiritual retreat – Limburg &  
Sundoor Initiation (self-development, spiritual cleansing and initiation) – Lendrick Lodge,  
Scotland

Shamanic training - Shaman's Path & Death and Dying (Shamanic training and death acceptance) - Lendrick Lodge, Scotland.

## EXTRA

Languages: Dutch (Native), English (excellent), German & French (mediocre in speaking and reading)

Computer systems: Website (Typo3 & Wordpress), ASSD Hotel systems, Microsoft Office

European drivers' licence (no points)